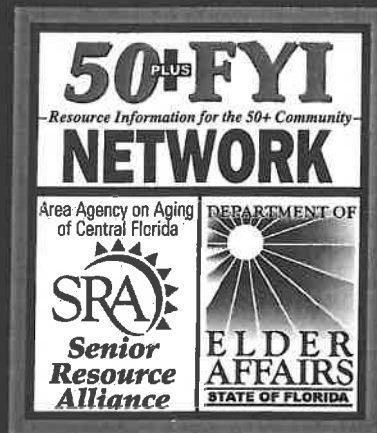


50+Plus FYI/SRA
“Little Black Book”
of Resources



FREE “Little Black Book” download at www.50PlusFYI.org



AARP
 1-866-595-7678 (FL)
 1-888-687-2277 (National)
AARP Foundation/Senior Community Service Employment Program — Work Search
 Orange & Osceola Counties
 407-852-1608

Advocacy Center for Persons with Disabilities
 1-800-342-0823

AIDS Information Hotline
 1-800-352-2437

Al-Anon — Alateen
 1-800-292-6489

Alcohol and Drug Abuse Hotline/Helpline
 1-800-662-4357

Alzheimers & Dementia Resource Center
 407-843-1910

Alzheimer's and Related Disorders Center
 1-800-272-3900

Alzheimer's Association Central and North Florida Chapter
 1-800-272-3900

American Council of the Blind
 1-800-424-8666

American Diabetes Association
 1-800-342-2383 or 407-660-1926

American Heart Association
 407-843-1330
 1-800-242-8721

American Liver Association
 212-668-1090

American Lung Association of Central Florida
 1-800-586-4872
 407-425-5864

American Red Cross (24/7)
 407-894-4141

American Heart Association/American Stroke Association
 1-800-242-8721 or 407-843-1330

Americans with Disabilities Act (ADA)
 1-800-514-0301 (Voice)
 1-800-514-0383 (TTY)

Arthritis Foundation (Tampa)
 1-844-571-4357
 1-800-850-9455

Arthritis Foundation Office (Orlando)
 407-208-1766

Allergy & Asthma Foundation of America
 1-800-727-8462

Cancer Information Service National Cancer Institute
 1-800-422-6237

Center for Disease Control & Prevention
 1-800-232-4636

Christopher & Dana Reeve Foundation
 1-800-225-0292

Consumer Fraud Hotline
 1-866-966-7226

Cornerstone Hospice (Kissimmee)
 407-846-1231/1-800-559-4345

Cornerstone Hospice (Orlando)
 407-206-2273/1-800-679-6088

Crimeline
 1-800-423-TIPS (8477)

Crisis Hotline of Central Florida
 407-425-2624 (provides support group info)

Cystic Fibrosis Foundation
 407-339-2978

Disability Rights Florida
 1-800-342-0823

Domestic Violence Hotline (Salvation Army: Brevard)
 321-631-2764

Domestic Violence Hotline (Harbor House of Central Florida)
 407-886-2856

Domestic Violence Hotline (Help Now of Osceola)
 407-847-8562

Domestic Violence Crisis Hotline (Safehouse of Seminole)
 407-330-3933

Elder Abuse Hotline/FL Abuse Hotline
 1-800-962-2873

Elder Helpline
 1-800-963-5337

Family HealthLine (Department of Health)
 1-800-451-2229

FL Agency for Healthcare Administration
 1-888-419-3456

Florida Association of the Deaf
 5107 14th Street West
 Bradenton, FL 34207

FL Council on Compulsive Gambling
 888-236-4848 or 407-865-6200

FL Dept. of Children and Families (DCF), Adult Protective Services (APS)
 1-800-962-2873

FL Dept of Transportation Vehicle Safety Hotline
 1-800-424-9393

FL Division of Consumer Assistance Center
 1-800-435-7352

FL Domestic Violence Hotline
 1-800-500-1119

FL Office of Insurance Regulation
 1-800-342-2762

FL Senior Legal Helpline
 1-888-695-7873

Fraud Alert Hotline
 Attorney General Pam Bondi
 1-866-966-7226

Hemophilia Foundation of Greater Florida
 1-800-293-6527

Independent Transportation Network Orlando — ITNOrlando
 407-228-7761

Library for the Blind and Physically Handicapped/Talking Books Library
 1-800-226-6075

Lighthouse Central Florida
 407-898-2483

Meals on Wheels Etc.
 407-333-8877

Medicaid
 1-877-254-1055 or 407-420-2500

Medicare
 1-800-633-4227

Medicare (Complaints)
 1-800-844-0795

National Association of the Deaf
 301-587-1788 (Voice)

National Domestic Violence Hotline
 1-800-799-7233

National Federation of the Blind
 407-898-6024

National Hospice Organization Hotline
 1-800-658-8898

National Institute on Aging (Info Center)
 1-800-222-2225

National Osteoporosis Foundation
 1-800-231-4222

National Parkinson Foundation
 1-800-433-7022

National Rehabilitation Information Center (NARIC)
 1-800-346-2742

National Suicide Prevention Lifeline/Veterans Crisis Line
 1-800- 273-8255

Orlando Senior Help Desk
 407-678-9363

Osceola County Council on Aging
 407-846-8532

Osteoporosis and Related Bone Diseases — National Resource Center
 1-800-624-2663

Poison Control Center
 1-800-222-1222

Senior Medicare Patrol/Medicare Fraud Report Line
 1-866-357-6677

Sexual Assault Victims Services Division of State Attorney Office
SAVS — Crisis Counseling
 1-321-784-4357- Brevard Hotline
 321-617-7533 —Office Weekdays

Seniors First
 407-292-0177

SHINE (SRA)
 407-514-1800

Social Security
 1-800-772-1213

Stepping Stone (Senior First) Medical Equipment Bank
 407-649-4100

Suicide Hotline
 1-800- 273-8255

Veterans Affairs Telephone Assistance Service
 1-800-827-1000

U.S. Consumer Product Safety Commission Hotline
 1-800-638-2772

Vocational Rehabilitation Offices
 1-800-451-4327

COMMUNITY RESOURCES

Adult Day Care Centers: Licensed

Adult Day Care of Altamonte407-636-6321
 Easter Seals Day Break407-629-4565
 Osceola Council On Aging407-846-8532
 Share The Care (5 locations)407-423-5311
 College Park, Conway, Maitland,
 Winter Springs, Winter Garden

**Adult Protective Services:
 Intervention/Investigation**

Florida Department of Children and Families:
 Adult Services **1-800-962-2873**

Animal Control/Services

Orange County Animal Services
 2769 Conroy Road
 Orlando FL 32839
 407-836-3111

Pet Allinace of Greater Orlando
 SPCA of Central Florida
 2727 Conroy Road
 Orlando FL 32839
 407-351-7722

232 Bush Boulevard
 Sanford FL 32773
 407-665-5201

Seminole County Animal Services
 232 Bush Boulevard
 Sanford FL 32773
 407-665-5201

Braille Instruction/Transcription

Lighthouse Central Florida
 215 E. New Hampshire Street
 Orlando FL 32804
 407-898-2483

Car Safety Programs

American Safety Council
 Mature Driver Safety Program
 5125 Adanson Street, Suite 500
 Orlando FL 32804
 800-771-2255 • 800-732-4135

CarFit
 Helping mature drivers find their safest fit
 FREE one on one or group event
 407-422-0991

National Safety Council
 Coaching the Mature Driver
 800-237-0676

Safe Mobility for Life Program
 Florida Department of Transportation
 850-410-5414

Community Shelters: Emergency

Coalition for The Homeless of Central FL
 639 W. Central Boulevard
 Orlando FL 32801
 407-426-1250 (Main Phone)

Homeless Services Network of Central FL
 2828 Edgewater Drive
 Orlando FL 32804
 407-893-0133

Orlando Union Rescue Mission, Inc.
 (407-422-4855)

Rescue Outreach Mission of Sanford, Inc.
 (Women & Children)
 1625 W. 13th St. (Women & Children)
 1701 W. 13th St. (Men)
 Sanford FL 32771
 407-321-8224

Salvation Army Orlando Metro Command
 Admin: 416 W. Colonial Drive
 Orlando FL 32804
 407-423-8581
 400 W. Colonial Dr. (Women)
 Orlando FL 32804
 Phone: 407-423-8581 Ext 204

624 Lexington Ave. (Men)
 Orlando FL 32801
 407-423-8581 Ext 219

Computer Classes: Older Adults

Senior Now Computer Learning Center of
 Central FL
 99 East Marks Street, Suite 112
 Orlando FL 32803
 407-318-3256

Renaissance Senior Center
 3800 S. Econlockhatchee Trail
 Orlando FL 32829
 407-254-9080

Consumer Fraud Reporting

Better Business Bureau of Central FL
 800-275-6614 • 407-621-3300
 Federal Trade Commission

Bureau of Consumer Protection FTC
 601 New Jersey Avenue, NW
 Washington, DC 20001
1-877-729-0551

Division of Consumer Services
 Florida Department of Agriculture and
 Consumer Services
 1-800-435-7352

Florida Department of Financial Services
 Consumer Services
 400 W. Robinson Street, Suite N-401
 Orlando FL 32801
 407-835-4400

Orange County Consumer Fraud Unit
 415 N. Orange Avenue
 Orlando FL 32801
 407-836-2490

Counseling: Credit/Debt Management

American Credit Counseling Service, Inc.
 10948 N 56th Street, ste 203
 Temple Terrace, FL 33617
 800-729-0551

Counseling: Family

Catholic Charities of Central Florida
 1771 Semoran Boulevard Suite A
 Orlando FL 32807
 407-658-1818

Aspire Health Partners
 1800 Mercy Drive
 Orlando FL 32808
 407-667-1677

919 E 2nd Street
 Sanford FL 32771
 407-323-2036

237 Fernwood Boulevard
 Fern Park FL 32730
 407-831-2411

Lutheran Counseling Services, Inc.
 1505 Orchid Avenue
 Winter Park FL 32789
 407-644-4692

Park Place Behavioral Health Care
 206 Park Place Boulevard
 Kissimmee FL 34741
 407-846-0023

UCF Community Counseling Clinic
 4000 Central Florida Boulevard
 Orlando FL 32816
 407-823-2052

Counseling: Individual

Behavioral Support Services, Inc. (BSS)
315 N. Lakemont Avenue, Suite B No.12
Winter Park FL 32792
407-830-6412

Catholic Charities of Central Florida
1771 N. Semoran Boulevard, Suite A
Orlando FL 32807
407-658-1818

Covenant House Florida, Inc.
5931 E. Colonial Drive
Orlando FL 32807
407-482-0404

EMPOWER - Intervention Services, Inc
150 Spartan Drive
Maitland FL 32751
407-331-8002

His Way Christian Fellowship, Inc.
1950 Lee Road, Suite 210
Winter Park FL 32789
407-599-9770

Jewish Family Services of Greater Orlando
2100 Lee Road
Winter Park FL 32789
407-644-7593

Aspire Health Partners
4524 Thistledown Drive
Orlando FL 32804
407-291-6335

237 Fernwood Boulevard
Fern Park FL 327302116
407-831-2411

Lutheran Counseling Services, Inc.
1505 Orchid Avenue
Winter Park FL 32789
407-644-4692

Urban League of Metropolitan Orlando
2804 Belco Drive
Orlando FL 32808
407-841-7654

Crime Prevention

Orange County Sheriff's Office Crime
Prevention Unit
407-254-7000

Osceola County Sheriff's Office Crime
Prevention Unit
407-348-1190

Seminole County Sheriff's Office
Crime Prevention Unit
407-665-6431

Crime Victims: Crisis Intervention

National Suicide Prevention Lifeline
1-800-273-8255

Crime Victims: Sexual Abuse

Office of The State Attorney
Ninth Judicial Circuit Court of Florida
415 N. Orange Avenue
Orlando FL 32801
407-836-2402

**Disaster: Food Stamps/Welfare/
Rent Assistance**

American Red Cross of Central Florida
5 N. Bumby Avenue
Orlando FL 32803
407-894-4141

Florida Department of Children and Families:
Economic Self-Sufficiency
5348 Silver Star Road
Orlando FL 32818
866-762-2237

Domestic Violence: Shelter/Support

Coalition for the Homeless of Central FL
639 W. Central Blvd
407-426-1250 ext. 0

FL Womens Residence Counseling Ctr
107 East Hillcrest Street
Orlando FL 32801
407-425-2502

Harbor House Center Against Domestic
Violence (strictly domestic violence)
407-886-2856

Help Now of Osceola, Inc.
P.O. Box 420370
Kissimmee FL 34742
407-847-8562

Safehouse of Seminole County
(strictly domestic violence)
407-330-3933 Hotline
6236 Court Advocates
407-302-5220 (Administrative)

Employment: Disabled

Florida Division of Blind Services
400 W. Robinson Street, Ste. S-1026
Orlando FL 32801
407-245-0700

Center for Independent Living In Central FL
720 N. Denning Drive
Winter Park FL 32789
407-623-1070

Employment: Discrimination Assistance

Orlando Office of Human Relations
400 S. Orange Avenue 9th Floor
Orlando FL 32801
407-246-2122

Employment:

Job Banks/Search/Placement

Career Source of Central Florida
Administrative Office
407-531-1222

Christian Help: Central Florida Employment
Council
450 Seminola Boulevard
Casselberry FL 32707
407-834-4022

Goodwill Self Sufficiency Job Center
112 S. Sanford Avenue
Sanford FL 32771
407-936-0469

Goodwill Job Connection
1356 Vine Street
Kissimmee FL 34744
407-847-0696

Goodwill Industries of Central Florida
3911 E. Colonial Dr.
Orlando FL 32803
407-872-0770

John H. Bridges Community Center
Operated by Community Action Division
445 W. 13th Street
Apopka FL 32703
407-254-9449

Pine Hills Community Center
6408 Jennings Street
Orlando FL 32808
407-254-9100

Primrose Center, Inc.
2733 S. Ferncreek Avenue
Orlando FL 32806
407-898-7201

Willow Street Community Center
6565 Willow Street
Zellwood FL 32798
407-254-9430

Food: Banks/Donations

Broadway United Methodist Church S.H.A.R.E.
406 E. Amelia Street
Orlando FL 32803
407-841-8902

Catholic Charities of Central Florida
1771 N. Semoran Boulevard Suite B
Orlando FL 32807
407-658-1818

Community Food & Outreach Center
150 W. Michigan Street Suite A
Orlando FL 32806
407-650-0774

Destiny Community Assistance Center
150 W. Michigan St. Suite-A
Orlando, FL - 32806
(407) 849-0079

El Calvario
2500 West Oak Ridge Road
Orlando, FL - 32809
(407) 351-4151

Human Crisis Center
5514 Edgewater Drive
Orlando, FL - 32810
407-521-7750

Iglesia Cristiana Reneuvo
290 Competition Drive
Kissimmee, FL - 34743
(407) 870-0083

Jewish Family Services of Greater Orlando
2100 Lee Road
Winter Park FL 32789
407-644-7593

Loaves and Fishes
206 E. 8th Street
Apopka FL 32703
407-886-6005

Second Harvest Food Bank of Central FL
411 Mercy Drive
Orlando, FL 32805
407-295-1066

Osceola Christian Ministry Center
700 Union Street
Kissimmee FL 34741
407-944-9968

Sadie Holmes Help Service, Inc.
1280 Amanda Street
Altamonte Springs FL 32701
407-831-6324

Salvation Army Orlando Metro Command
400 W. Colonial Drive
Orlando FL 32804
407-423-8581

Salvation Army of Osceola County
3831 W. Vine Street
Kissimmee FL 34741
407-423-8581

Salvation Army of Seminole County
700 W. 24th Street
Sanford FL 32771
407-322-2642

St. Cloud Community Food Pantry
901 Missouri Avenue
Saint Cloud FL 34769
407-892-7070

The Sharing Center – Christian Sharing Center,
Inc: Fairmont Plaza
600 N. Hwy 17-92, Suite 158
Longwood FL 32750
407-260-9155

Sanford Christian Sharing Center, Inc.
515 E. 25th Street
Sanford FL 32773
407-691-3142

Winter Park Housing Authority
845 W. Swoope Avenue
Winter Park, FL 32789
(407) 645-2869

Food: Home Delivered Meals

Meals On Wheels, Etc., Inc.
2801 South Financial Court
Sanford FL 32773
407-333-8877

Osceola County Council On Aging, Inc.
Barney E. Veal Center
700 Generation Point
Kissimmee FL 34744
407-846-8532

Seniors First, Inc.
5395 L. B. McLeod Road
Orlando FL 32811
407-292-0177

Food: Stamps/Vouchers

Florida Department of Children and Families:
Economic Self-Sufficiency
1-866-762-2237 (FL Information Line)

Seminole County Community Assistance
(Veterans, housing, & financial services)
534 W. Lake Mary Boulevard
Sanford FL 32773
407-665-2300

Funeral Homes/Cremation Services

Robert Bryant Funeral & Cremation Chapel

321 E. Michigan Street
Orlando FL 32806
407-240-6080
Serving you with a simple alternative to
the high cost of corporate funeral homes
www.RobertBryantFH.com

**Government Resources:
Orange County**

Orange County Government
Orange County 3-1-1 Call Center
407-836-3111 (Administrative)

Orange County Health Department
6101 Lake Ellenor Drive
Orlando FL 32809
407-858-1400 (Admin. Office)

Orange County Property Appraiser
407-836-5044 • 407-836-5055 (Admin.)

Orange County Sheriff's Office
407-254-7000 (Administrative)

Orange County Supervisor of Elections
407-836-2070

Government Resources: Osceola County

Osceola County Government
407-742-2275 (Information Line)

Osceola County Health Department
1875 Boggy Creek Road
Kissimmee, FL 34744
407-343-2000

Osceola County Property Appraiser
407-742-5000 (Kissimmee office)

Osceola Sheriff's Office
407-348-2222 (Administrative)

Osceola County Supervisor of Elections
407-742-6000

**Government Resources:
Seminole County**

Seminole County Government
407-665-0311 (Customer Support Line)

Seminole County Health Department
400 W. Airport Blvd
Sanford, FL 32773
407-665-3387

Seminole County Property Appraiser
407-665-7506 • 407-665-7505

Seminole County Sheriff's Office
407-665-6650

Seminole County Supervisor of Elections
407-708-7700

Guardians Ad Litem

Florida Guardian Ad Litem
Ninth Judicial Circuit
100 E. Robinson Street
Orlando, FL 32801
407-841-8310

Florida Guardian Ad Litem
Eighteenth Judicial Circuit
190 N Bush Boulevard
Sanford, Florida 32773
407-665-5370

Florida Guardian Ad Litem
Ninth Judicial Circuit
2 Courthouse Square, Suite 3400
Kissimmee FL 34741
407-742-6655

Immigration/Naturalization Services

U.S. Citizenship and Immigration Services
9403 Tradeport Drive
Orlando FL 32827
800-375-5283

U.S. Citizenship and Immigration Services
5449 South Semoran Boulevard
Terra Cotta Business Center, Unit 18C
Orlando FL 32822
1-800-375-5283

**To be considered for
inclusion in this "Little
Black Book" of Resources,
contact us:
407-265-0534 or
ReachUs@50PlusFYI.org**

**Law Enforcement/Fire/Public Safety:
Emergency**

9-1-1

**Law Enforcement/Fire/Public Safety:
Non-emergency**

Altamonte Springs
Police: 407-339-2441
Fire & Medical: 407-665-5100

Apopka
Police: 407-703-1771
Fire: 407-703-1756 (dispatch: 1757)

Casselberry
Police: 407-262-7616
Fire: 407-665-5100

Eatonville
Police: 407-623-1303
Fire: 407-737-2450 (Orange County FD)

Kissimmee
Police & Fire: 407-846-3333

Lake Mary
Police: 407-585-1330
Fire: 407-665-5100

Longwood
Police: 407-260-3400
Fire: 407-665-5100

Maitland
Police: 407-539-6261
Fire: 407-737-2450

Ocoee
Police: 407-905-3160
Fire: 407-905-3140

Osceola County
Sheriff: 407-348-2222
Fire: 407-348-7444

Orange County Sheriff
407-254-7000, ext. 2
Fire: 407-737-2450

Orlando
Police: 407-246-2470
Fire: 407-246-2390

Oviedo
Police: 407-971-5700
Fire: 407-971-5610

St. Cloud
Police: 407-892-2114
Fire: 407-957-8488

Sanford
Police: 407-688-5870
Fire: 407-688-5040

Seminole County
407-665-6650
Fire: 407-665-5100

Winter Garden
Police: 407-656-3636
Fire: 407-737-2450

Winter Park
Police: 407-644-1313
Fire: 407-644-1212

Winter Springs
Police: 407-327-1000
Fire: 407-830-1411

**Legal Aid/Lawyer Referral Services:
Legal Counseling**

Community Legal Services of
Mid-Florida, Inc. - Orange County Office
122 East Colonial Drive, Suite 200
Orlando FL 32801
407-841-7777 ext. 2107

Community Legal Services of
Mid-Florida, Inc. - Osceola County Office
800 North Main Street
Kissimmee, FL 34744
407-933-1791

Community Legal Services of
Mid-Florida, Inc. - Seminole County Office
315 Magnolia Avenue
Sanford, FL 32771
407-322-6673

Legal Aid Society of the Orange County Bar
Association
100 E. Robinson St.
Orlando FL 32801
407-841-8310

Orange County Bar Association
Citizen Dispute
407-423-5732

Seminole County Bar Association Legal Aid
Society, Inc.
101 West Palmetto Avenue
Longwood FL 32750
407-834-1660

Library Systems

Altamonte Springs City Public Library
407-571-8830

Maitland Public Library
407-647-7700

Orange County Public Library
407-835-7323

Osceola County Public Library
407-742-8888

Seminole County Public Library
407-665-1500

Winter Park Public Library
407-623-3300

Literacy Programs

Adult Literacy League, Inc.
345 W. Michigan Street, Suite 100
Orlando FL 32806
407-422-1540

Florida Literacy Coalition, Inc.
934 N. Magnolia Avenue, Suite 104
Orlando FL 32803
407-246-7110

Apopka Family Learning Center
800 S. Hawthorne Avenue
Apopka FL 32703
407-889-0100

Personal Fitness Training

Elite Strength & Fitness

1312 Palmetto Avenue
Winter Park FL 32789
407-740-7750

We help you meet your fitness goals!
www.EliteStrengthTrainingAndFitness.com

Religious Organizations

Catholic Diocese of Orlando
407-246-4800

Episcopal Diocese of Central Florida
407-423-3567

Greater Orlando Baptist Association
407-293-0450

Hindu Society of Central Florida
407-699-5277

Islamic Center of Orlando
407-238-2700

Jewish Community Center
407-387-5330 (Apopka)
407-645-5933 (Maitland)

Unitarian Universalist Association of
Contgregations
407-894-2119

Senior Centers: Orange County

Beardall Senior Center
800 S. Delaney Ave.
Orlando FL 32801
407-246-4440

Fran Carlton Senior Center
1 North Forest Street
Apopka FL 32703
407-703-1741

L. Claudia Allen Senior Center
1840 Mable Butler Avenue
Orlando FL 32805
407-246-4461

Maitland Senior Center
345 S. Maitland Ave.
Maitland FL 32751
407-539-6251

Marks Street Senior Recreation Complex
99 East Marks St.
Orlando FL 32803
407-254-1066

Renaissance Center
3800 S. Econlockhatchee Tr.
Orlando FL 32806
407-254-9070

Thomas Ison Senior Center
1701 Adair Street
Ocoee FL 34761
407-905-3180 ext. 5301
407-592-4498

Winter Garden Senior Center
Jessie Brock Community Center
310 N. Dillard Street
Winter Garden FL 34787
407-656-4155

Winter Park Senior Center
Winter Park Community Center
721 W. New England Ave.
Winter Park FL 32789
407-599-3275

Senior Centers: Osceola County

St. Cloud Senior Center
3101 17th Street
St. Cloud FL 34769
407-957-7392

Osceola County COA Senior Center
Barney E. Veal Senior Center
700 Generation Point
Kissimmee FL 34744
407-846-8532

Senior Centers: Seminole County

Altamonte Springs/Eastmonte Civic Ctr.
830 Magnolia Dr.
Altamonte Springs FL 32701
407-571-8813

Westmonte Park
624 Bills Lane
Altamonte Springs, FL 32701
Therapeutic Pool
407-571-8735
Senior Activities
407-571-8740

Casselberry Senior Center
200 N. Lake Triplet Dr.
Casselberry, FL 32707
407-262-7700 ext. 1575

Lake Mary Senior Center
911 Wallace Ct.
Lake Mary, FL 32746
407-585-1466

Sanford Senior Center
401 E. Seminole Blvd.
Sanford, FL 32771
407-688-5129

Winter Springs Senior Center
400 N. Edgemon Ave.
Winter Springs FL 32708
407-327-6554

**Social Security Assistance:
Disability/Numbers/Retirement**

Social Security Administration
Orange County Office
5520 Gatlin Avenue Suite 101
Orlando FL 32812
1-866-964-6146
1-800-447-8477 Inspector General

Social Security Administration
Osceola County
1201 East Oak Street
Kissimmee FL 34744
1-866-614-4754

Social Security Administration
Seminole County Office
101 Commerce Street Suite 200
Lake Mary FL 32746
1-866-964-7379

Special Interest Groups – SIG

Go to www.50PlusFYI.org

- for a current list of Special Interest Groups in Central Florida
- to add a Special Interest Group to the list

Support Groups

Go to www.50PlusFYI.org

- for a current list of Support Groups in Central Florida
- to add a support group to the list

Tax Assistance/Forms/Information

AARP Tax Assistance Program
888- 227-7669

Internal Revenue Service
850 Trafalgar Court
Maitland FL 32751
1-800-829-1040 • 407-660-5830

Community Legal Services of Mid Florida
1-866-718-9595

Transportation: Bus Fare Assistance

Christian Service Center for Central FL
808 W. Central Boulevard
Orlando FL 32805
407-425-2523

300 W. Franklin Street
Ocoee FL 34761
407-656-6678

500 S. Orlando Avenue
Winter Park FL 32789
407-628-1692

Transportation: Disability Related

Access Lynx
(door-to-door) services to residents that meet
the eligibility guidelines
407-423-TRIP (8747)

Lynx: Central Florida Regional Transportation
Authority
455 N. Garland Avenue
Orlando FL 32801
407-841-2279

Transportation: Older Adults

Be Safe Transportation
2605 Wembleycross Way
Orlando FL 32828
407-296-5083

Florida Commission for the Transportation
Disadvantaged
407-254-6092

ITNOrlando (Transportation)
988 Woodcock Rd.
Orlando FL 32803
407-228-7761

Jewish Family Services of Greater Orlando
2100 Lee Road
Winter Park FL 32789
407-644-7593

Lynx: Central Florida Regional Transportation
Authority
445 North Garland Avenue
Orlando FL 32801
407-841-5969

Osceola County Council On Aging, Inc.
Barney E. Veal Center
700 Generation Point
Kissimmee FL 34744
407-846-8532

Safe Mobility for Life Coalition
Florida Department of Transportation
850-410-5414

Transportation: Veterans

Veterans Service Office – Orange County
2100 E. Michigan Street
Orlando FL 32806
407-836-8990 Main

Veterans Service Office – VA Clinic
5201 Raymond St. Bldg 3126
Orlando, FL 32803
407-836-8990

Veterans Service Office – Osceola County
330 N. Beaumont Avenue
Kissimmee, FL 34741
407-742-8400

Veterans Service Office – Seminole County
534 West Lake Mary Boulevard
Sanford, FL 32773
407-665-2300

Travel & Day Trips



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Florida, our great nation, and the world.
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407-855-9733
www.Lifes-a-TripTours.com

Utility Bill Payment Assistance

Catholic Charities of Central Florida
1771 N. Semoran Boulevard, Suite B
Orlando FL 32807
407-658-1818

Christian Service Center for Central Florida
808 W. Central Boulevard
Orlando FL 32805
407-425-2523

City of Sanford – Department of Community
Improvement (LIHEAP)
300 N. Park Avenue
Sanford FL 32771
407-688-5167 • 407-688-5166

EHEAP
(Emergency Home Energy Assistance for the
Elderly Program)
407-514-1800

LIHEAP
(The Low-Income Home Energy Assistance
Program)
407-836-7429

Jewish Family Services of Greater Orlando
2100 Lee Road
Winter Park FL 32789
407-644-2985

Meals On Wheels, Etc., Inc.
2801 South Financial Court
Sanford FL 32773
407-333-8877

Orange County Health & Family Services
Orange County LIHEAP Program
2100 E. Michigan Street
Orlando FL 32806
407-836-7429

Osceola County Council On Aging, Inc.
Barney E. Veal Center
700 Generation Point
Kissimmee, FL 34744
407-846-8532

Osceola County Human Services Division
330 North Beaumont Avenue
Kissimmee FL 34741
407-742-8400

Salvation Army of Seminole County
700 W 24th Street
Sanford FL 32771
407-322-2642

Seminole County Community Assistance
534 Lake Mary Boulevard
Sanford FL 32773
407-665-2300

Senior Resource Alliance – Area Agency On
Aging of Central Florida, Inc.
988 Woodcock Road Suite 200
Orlando FL 32803
407-514-1800



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- Dressing & grooming
- Medication reminders
- Personal hygiene
- Walking & exercising
- Going shopping or to appointments

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407.599.1900

License NR3014096

www.TenderCareHomeHealth.com

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407-434-0675
CentralOrlando.FirstLightHomeCare.com



AHCA #299994134

Seniors First, Inc.
5395 L. B. McLeod Road
Orlando FL 32811
407-292-0177

The Sharing Center: Christian Sharing Center, Inc. – Fairmont Plaza
600 N. Hwy 17-92 Suite 158
Longwood FL 32750
407-260-9155

Central Florida Urban League
2804 Belco Drive
Orlando FL 32808
407-841-7654

**Veteran Benefits:
Programs/Assistance**

Disabled American
Veterans of Central Florida
2040 W. Central Boulevard
Orlando FL 32805
407-843-3722

Orange County Veterans' Services
2100 E. Michigan Street
Orlando FL 32806
407-836-8990 (Administrative)

Osceola County Veterans' Services
108 Park Place Blvd., C
Kissimmee FL 34741
407-742-8400 (Administrative)

Seminole County Veterans' Services
534 West Lake Mary Boulevard
Sanford FL 32773
407-665-2300 (Administrative)

Veteran's Outpatient Clinic, Orlando
5201 Raymond Street
Orlando, FL 32803
407-629-1599 Main

HEALTH CARE RESOURCES

Adult Residential Treatment Facilities

Homeless Services Network of Central FL
2828 Edgewater Drive
Orlando FL 32804
407-893-0133

Aspire Health Partners
4524 Thistledown Drive
Orlando FL 32804
407-291-6335

8400 La Amistad Cove
Fern Park FL 32730
407-332-1711

237 Fernwood Boulevard
Fern Park FL 32730
407-831-2411
407-321-HELP (ACCESS Center Hotline)

919 East 2nd Street
Sanford FL 32771
407-321-4357 (HELP)

Park Place Behavioral Health Care
206 Park Place Boulevard
Kissimmee FL 34741
407-846-0023

AIDS/HIV: Care Management

Aspire Health Partners
1405 W. Michigan Avenue
Orlando FL 32805
407-245-0020

Orange County Health Department
832 W. Central Boulevard
Orlando FL 32805
407-836-2680
407-836-2690

Osceola County Health Department
1875 Boggy Creek Road
Kissimmee FL 34745
407-343-2000

Seminole County Health Department
(Specialty Care Clinic)
400 W. Airport Boulevard
Sanford FL 32773
407-665-3291 • 407-665-3276

Caregiver Support/Services

■ **Alzheimer's & Dementia Resource Ctr**
1506 Lake Highland Drive
Orlando FL 32803
407-843-1910
Support and Hope for Caregivers
www.ADRCCares.org

**Case/Care Management/Assistance:
Battered Women Support**

Help Now of Osceola, Inc.
1000 West Emmett Street
Kissimmee FL 34741
407-847-8562

Jewish Family Services of Greater Orlando
2100 Lee Road
Winter Park FL 32789
407-644-2985

700 Generation Point
Kissimmee FL 34744
407-846-8532

Community Clinics

True Health Center
2400 State Road 415
Sanford FL 32771
407-322-8645

Community Health Centers, Inc.
225 E. 7th Street
Apopka FL 32703
407-905-8827

Health Alliance Inc.
1210 E. Plant Street, Suite 400
Winter Garden FL 34787
407-877-4305

Primary Care Access Network (PCAN)
407-836-7226 Helpline/Hotline
407-836-PCAN (7226)

Seminole County Health Department
400 W. Airport Boulevard
Sanford FL 32773
407-665-3200 (admin.)

Shepherd's Hope, Inc.
Primary Care Access Network (PCAN)
407-876-6699

The Community After Hours Medical Clinic (PCAN)
2604 N. Orange Avenue
Orlando FL 32804
407-303-7298

CPR/First Aid Instruction

American Red Cross of Central Florida
5 N. Bumby Avenue
Orlando FL 32803
407-894-4141

CPR for Citizens
P.O. Box 3320
Winter Park FL 32790
407-629-5183

Dental Care/Hygiene

Community Health Centers, Inc.
225 E. 7th Street
Apopka FL 32703
407-905-8827

Orange County Health Department
5449 S. Semoran Boulevard
Suite 19B
Orlando FL 32822
407-207-7290

Osceola County Health Department
1875 Boggy Creek Road
Kissimmee FL 34745
407-343-2000

Seminole County Health Department
400.W. Airport Boulevard
Sanford FL 32773
407-665-3200 (admin.)

132 Sausalito Boulevard
Casselberry FL 32707
407-665-3400

Veteran's Administration – Outpatient Clinic
Medical Center
5201 Raymond Street
Orlando FL 32803
407-629-1599

Diabetes Screening

True Health Center
2400 State Road 415, Suite 415-A
Sanford FL 32771
407-322-8645

Osceola County Health Department
1875 Boggy Creek Road
Kissimmee FL 34745
407-343-2000

Seminole County Health Department
400 W. Airport Boulevard
Sanford FL 32773
407-665-3200 (Admin.)

Home Health Agencies: Licensed

1st Choice Visiting Nurses Llc.(407) 935-9013
A Better Chance Inc.....(407) 532-7703
Actell Elderly Care Inc.....(407) 518-1437
Acti-Kare Responsive In-Home Care
.....(407) 697-2954
Acute Home Healthcare inc(321) 594-5656
Advantage Home Health Care
General Services Inc.....(407) 644-9644
AG Home Health Services Llc ..(321) 299-1677

Age Advantage Senior Care Services
.....(407) 347-2050
Alliance A+ Home Care(321) 251-7627
Alpha Health.....(407) 259-2272
Alpha Home Health Solutions Llc
.....(407) 299-0028
Alternative Home Health Agency Inc
.....(407) 286-3460
Ama Home Health Agency Inc
.....(407) 350-0653
Amazing Home Health Care(407) 277-7122
Ambient Healthcare Of Central Florida Inc
.....(407) 678-2068
Amedisys Home Health.....(407) 282-2926
American Nurses.....(407) 898-3969
American Pride Home Care Services Corp.....
.....(407) 963-5638

Amerivita Home Care Inc(321) 281-3038
Angels Senior Home Health Care Corp
.....(407) 930-7071
Assured & Associates Personal Care Of
Florida Llc.....
(407) 667-4881
At Home Care Solutions Inc.....(407) 250-5989
At Home Companion Of Florida (407) 933-
7781
Avalon Park Home Health Care (407) 658-6565
Bayada Home Health Care Inc (407) 679-0500
Best Florida Homecare Inc(407) 683-0707
Brightstar Care Of Windermere(407) 877-0720
Brightstar Of Kissimmee/Osceola
.....(407) 572-0070
Brookdale Home Health Longwood
.....(407) 262-0001
Cameron Group Home Care.....(407) 896-2010
Care America Hhc.....(407) 464-0194
Care Options Homecare Services
.....(407) 965-2008
Care reminders Home Care(407) 878-7367
Caring First Inc.....(407) 826-1732
Central Florida Quality Care Services Inc
.....(407) 478-1368
Childrenfirst Home Health Care Services.....
.....(407) 513-3000
Choice Manor Home Care Inc ..(407) 949-8886
Comfort Keepers.....(407) 891-8884
Comfort Keepers.....(407) 774-4457
Comfort Keepers.....(407) 542-7821
Continuous Care Health Services Corp
.....(407) 856-8075
Copia Health Care Llc.....(321) 638-0491
Coram Cvs Specialty Infusion Services
.....(407) 571-6834
Crown Home Care Inc.....(407) 933-7570
Csg Home Healthcare Services(407) 494-2406
Dependable Nightingales Agency inc
.....(407) 965-0181
Doctors Choice Home Care(407) 296-2610
E2 Emerson And Emerson DbA Brightstar
.....(407) 549-3600
Elite Cardiac Care Llc(321) 221-7587
Embark Home Healthcare Llc ..(407) 542-1503
Encompass Home Health Of Florida
.....(407) 846-2252
Ethic Health Services Llc.....(407) 530-5915
Family Home Care Group Llc....(407) 401-9146
Firstat Nursing Services(407) 629-1100
Firstlight Homecare Central Orlando -
Winter Park.....(407) 434-0675
Florida Hospital Home Care Service
.....(407) 691-8205
Florida Hospital Home Care Services Private
Division(407) 691-8206
Florida Hospital Home Infusion Llp
.....(407) 865-5489

Gencare Resources Home Health Care (407) 440-2877
 Genesis Home Health Care Services Of Central Florida Llc.....(407) 440-2936
 Good Samaritan Cares(407) 944-0990
 Good Samaritan Services.....(407) 944-0990
 Greystone Home Health(407) 855-5728
 Harbour Private Duty Nursing Lic(407) 895-8188
 Haven Home Healthcare(407) 706-1173
 Heavenly Golden Years Services Inc(407) 802-4814
 Home Care Assistance(407) 491-0325
 Home Health Care Of Florida Llc(321) 972-1984
 Home Health Solutions Of Central Florida Inc(407) 270-9542
 Home Helpers Of Sanford(407) 732-6960
 Home Instead Senior Care(407) 445-8885
 Innovative Nursing Inc.....(407) 647-4895
 Integrity Health Services Orlando Lic(407) 956-1870
 Interim Healthcare Of Greater Orlando(407) 740-5284
 Kassy Home Health(407) 875-1801
 Kindred At Home(407) 935-1235
 Kindred At Home(407) 644-3532
 Kindred At Home(407) 328-9304
 Kindred At Home(407) 894-5703
 Leeder Home Health Care Services Llc(407) 772-8708
 Legacy Home Health(407) 645-2402
 Lincare Infusion Pharmacy(407) 425-7114
 Linil Visiting Nurses Inc.....(407) 790-4848
 Maria Home Health Services Inc(407) 381-2424
 Maxim Healthcare Services Inc.(407) 647-6555
 Mayflower Home Health Agency(321) 397-1976
 Mederi Caretenders.....(407) 931-0487
 Mederi Caretenders.....(407) 661-1963
 Medical Services Of America Home Health(407) 539-0535
 Medicor Healthcare Inc.....(407) 704-8965
 Mia Home Health Care Services Inc(407) 382-1240
 My Home Health Agency Llc....(407) 978-6209
 National Home Health Care(407) 260-2010
 Nirvana Health Services Inc.....(407) 647-5008
 Nona Home Healthcare(407) 483-5890
 Nurse Next Door Longwood.....(407) 545-2570
 Nurse On Call(407) 852-4009
 Nurses And More Inc.(407) 674-6870
 Option Care.....(800) 396-2933
 Orlando Health Home Care(407) 854-3100
 Orlando Health Home Care Private Duty.....(407) 644-2433
 Palm Garden Home Health.....(407) 956-1880
 Partners In Healthcare.....(407) 788-9393

Pinnacle Home Healthcare Inc.(407) 351-6330
 Psa Healthcare.....(407) 872-1213
 Rescare Home Care(407) 629-5969
 Right At Home Orlando(407) 967-5156
 Right At Home Longwood(407) 702-7157
 Sandcastle Care.....(407) 454-4892
 Senior Helpers(407) 628-4357
 Seniorbridge Family Companies (Fl) Inc(407) 623-3454
 Serendipity Loving Care Llc.....(407) 801-3635
 Signature Homenow.....(407) 834-0020
 Supporting Independence Inc.....(407) 434-0766
 Synergy Homecare.....(407) 613-2273
 Tehc Llc(407) 628-1114
 TLC Homecare Services Of Central Florida(407) 878-1296
 Tmg Home Health Care Inc.....(407) 944-0618
 Total Care Home Services Inc ..(407) 483-8871
 Touching Hearts At Home Central Florida Inc.(407) 483-7815
 Towers Home Care(407) 425-2707
 True Help Services Inc.....(407) 569-2939
 Utopia Home Care Inc(727) 821-3332
 Village on the Green.....(407) 682-0230

Home Health: Licensed Nurse Registry PrivateDuty/Private Pay

TenderCare Home Health Services

1150 Louisiana Avenue, Suite 5C
 Winter Park FL 32789
 407-599-1900
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Home Health Agencies: Licensed



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FirstLight Home Care

Extraordinary People. Exceptional Care.
 Serving the Metro Orlando Area
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Hospitals

Arnold Palmer Hospital
 92 W. Miller Street
 Orlando FL 32806
 407-649-9111

Central Florida Regional Hospital
 1401 West Seminole Blvd.
 Sanford FL 32771
 407-321-4500

Dr. P. Phillips Hospital/Orlando Health
 9400 Turkey Lake Rd.
 Orlando FL 32819
 407-351-8500

Florida Hospital: Altamonte
 601 E. Altamonte Drive
 Altamonte Springs FL 32701
 407-303-2200

Florida Hospital: Apopka
 201 Park Ave.
 Apopka FL 32703
 407-889-1000

Florida Hospital Celebration Health
 400 Celebration Place
 Celebration FL 34747
 407-303-4000

Florida Hospital East Orlando
 7727 Lake Underhill Rd
 Orlando FL 32822
 407-303-8110

Florida Hospital Kissimmee
 2450 N. Orange Blossom Trail
 Kissimmee FL 34744
 407-846-4343

Florida Hospital Orlando
 601 E. Rollins Street
 Orlando FL 32803
 407-303-5600

Health Central – Orlando Health
 10000 W. Colonial Drive
 Ocoee FL 34761
 407-296-1000

La Amistad Behavioral Health Services
 1650 Park Avenue North
 Maitland FL 32751
 407-647-0660

M.D. Anderson Cancer Center
 1400 S. Orange Avenue
 Orlando FL 32806
 407-648-3800

Orlando Regional Medical Center
1414 Kuhl Avenue
Orlando FL 32806
321-841-5111

Orlando VA Medical Center
5201 Raymond Street
Orlando FL 32803
407-629-1599

Osceola Regional Medical Center
700 W. Oak Street
Kissimmee FL 34741
407-846-2266

South Seminole Hospital – Orlando Health
555 W. State Road 434
Longwood FL 32750
407-767-1200

St. Cloud Regional Medical Center
2906 17th Street
St. Cloud FL 34769
407-892-2135

Winnie Palmer Hospital
83 W. Miller Street
Orlando FL 32806
321-843-9792

Winter Park Memorial Hospital
200 N. Lakemont Avenue
Winter Park FL 32792
407-846-7000

Long-Term Home Health Care

Senior Resource Alliance: Area Agency On Aging of Central Florida, Inc.
988 Woodcock Road Suite 200
Orlando FL 32803
407-514-1800

Medical Alert Systems/Emergency

■ **myMED-ID**
407-265-0534
www.50PlusFYI.org/myMED-id
Designed by local first responders to provide personal medical information in emergency

Medical Equipment/Supplies

Medical Equipment Bank (Loan)
Age Advantage Senior Home Care Office
525 W. Plant Street
Winter Garden FL 34787
407-347-2050

Stepping Stone Medical Equipment Bank
Donations Refurbished Free and For Sale
3711 Vineland Avenue
Orlando FL 32811
407-649-4100

Mental Health Care, Counseling, & Education

Aspsire Health Partners
1405 W. Michigan St.
Orlando, FL 32805
407-245-0020

1800 Mercy Drive
Orlando FL 32808
407-667-1677

919 E 2nd Street
Sanford FL 32771
407-323-2036

237 Fernwood Boulevard
Fern Park FL 32730
407-831-2411

Florida Safety Council, Inc.
7800 S. US Hwy 17-92, Suite 100
Casselberry FL 32730
407-831-7200

427 North Primrose Drive
Orlando, FL 32803
407-896-1894

3501 W. Vine Street, Suite 124
Kissimmee FL 34744
407-846-2555

Mental Health Association of Central FL
1125 East Robinson
Orlando FL 32801
407-898-0110

National Alliance for The Mentally III – Greater Orlando
1800 Mercy Drive Suite 300
Orlando FL 32808
407-253-1900

Osceola County Health Department
1875 Boggy Creek Road
Kissimmee FL 34745
407-343-2000

Suicide Prevention Lifeline
407-273-8255

Veterans Suicide Prevention Hotline
National Suicide Line
1-800-273-8255 ext.
1 800-273-TALK (24-hour hotline)

7800 S. US Hwy 17-92, Suite 100
Casselberry FL 32730
407-831-7200

National Alliance for The Mentally ill: Greater Orlando
1800 Mercy Drive, Suite 300
Orlando FL 32808
407-253-1900

Osceola County Health Department
1875 Boggy Creek Road
Kissimmee FL 34745
407-343-2000

Organ Transplants

Florida Hospital Transplant Institute
2501 N. Orange Avenue, Suite 514
Orlando FL 32804
407-303-2474

TransLife
1560 Orange Avenue, Suite 400
Winter Park, FL 32789
407-644-3770 or 800-44DONOR
407-846-8532

Speech AIDS

Communication Disorders Clinic (CDC)
12424 Research Parkway Suite 155
Orlando FL 32826
407-882-0468

Vision Screening

Orange Blossom Family Health Center
232 N. Orange Blossom Trail
Orlando FL 32805
407-428-5751

Eye Care America
www.eyecareamerica.org
(Access online to qualify)
1-800-222-EYES (3937)

**To be considered for inclusion in this "Little Black Book" of Resources, contact us:
407-265-0534 or
ReachUs@50PlusFYI.org**

HOME & HOUSING RESOURCES

Adult Family Homes: Licensed

Alleyne Kay.....(407) 657-2884
 Anderson Angela Laing.....(407) 237-0535
 Bort Aaron.....(407) 761-7385
 Bort Alan I.....(407) 761-7385
 Bort Edith.....(407) 719-0496
 Bryan Marcia.....(407) 409-4998
 Buissereth Nancy.....(407) 690-9755
 Collado Valentine.....(407) 421-4985
 Desroche Yolene.....(407) 952-7397
 Etienne Yolette.....(407) 394-7301
 Francis Joseph.....(407) 295-1189
 Francois Marie Denise.....(954) 663-2760
 Grandin Josephine F.....(321) 217-9384
 Guzman David.....(407) 963-5084
 Harry Jamie M.....(407) 637-2159
 Hyppolite-Alphonse Lise I.....(321) 948-8533
 Jean-Pierre Maryse.....(407) 913-1969
 Lacy Rosalyn.....(407) 287-7149
 Love Lurine.....(407) 352-5540
 Lubin Omane.....(407) 532-5114
 Mayes Vicky.....(407) 416-2057
 Meade Tennyson A.....(407) 322-4317
 Merino Daysi.....(407) 295-8872
 Milard Chrisline.....(407) 879-3996
 Miller Marcia.....(407) 219-4283
 Pierre Marie.....(407) 454-3158
 Ponce-Berenato Carmen.....(407) 822-5330
 Raza Taj.....(407) 756-2595
 Rene Paul Andre & Mona-Lissa
(321) 662-0040
 Santos Mirtha D.....(407) 862-9202
 Scott Vinnette.....(407) 412-6007
 Souverain Rose M.....(321) 460-4138
 Wilson Marsha.....(407) 970-3909
 Woolridge Thelma.....(407) 678-1251

Assisted Living: Licensed

A & M Quail Ridge Manor.....(407) 483-7329
 Aasbury Manor Alf.....(407) 522-4832
 Aiden Springs.....(407) 679-1116
 AJR Loving Care Alf Inc.....(407) 483-2546
 AJR Loving Care ALF.....(407) 671-6161
 Alabama Oaks Of Winter Park.....(407) 622-5076
 All Seasons Assisted Living.....(407) 931-3995
 All Seniors Assisted Living.....(407) 334-7137
 All Stars Assisted Living Inc.....(407) 389-9930
 Almark Cove Assisted Living Lic.
(407) 292-3957
 Almark Grove Assisted Living Facility Lic.
(407) 292-3957
 Almark Health Services #3.....(407) 656-2443
 Amber Lake Assisted Living Facility.....
(407) 348-6100
 Ana Assisted Living Facility.....(407) 350-5904
 Angels Touch Assisted Living.....(407) 802-5586

Anne's Home Alf Inc.....(407) 699-0150
 Apopka Retirement Center.....(407) 886-4353
 Arbor Cove Alf Of Florida Inc.....(407) 294-3762
 Arden Courts Of Winter Springs.....
(407) 696-8400
 Ashton Palms.....(407) 425-8071
 Atria Park Of Lake Forest.....(407) 322-2207
 Avacare Assisted Living.....(407) 415-8874
 Azalea Manor.....(407) 282-0556
 Bear Lake Retirement Home.....(407) 296-7075
 Beggs Pointe Alf.....(407) 291-9911
 Bishop Grady Villas.....(407) 892-6078
 Bridge Assisted Living At Life Care Center Of
 Orlando (The).....(407) 384-5858
 Bridgeport Senior Living - Port Cardiff Llc
 (5 locations).....(407) 810-1344
 Brookdale Conway.....(407) 277-7225
 Brookdale Dr Phillips 1.....(407) 903-1808
 Brookdale Dr Phillips 2.....(407) 363-4511
 Brookdale Island Lake.....(407) 767-6600
 Brookdale Lake Mary.....(407) 321-7550
 Brookdale Longwood.....(407) 265-9100
 Brookdale Ocoee.....(407) 299-2710
 Brookdale Oviedo.....(407) 977-5250
 Brookdale Tuskawilla.....(407) 699-7999
 Brookdale Wekiwa Springs.....(407) 889-7704
 Brownstone Wellness.....(407) 232-3433
 Caring Hands Residence.....(863) 496-7260
 Carmita's Assisting Living Facility III Lc.
(407) 432-6785
 Carmita's Assisting Living Facility IV Lc
(407) 432-6785
 Carmita's Home Health II Inc.....(407) 432-6785
 Carmita's Home Health I Inc.....(407) 432-6785
 Casa De Los Angeles.....(407) 844-7728
 Citrus Garden Alf.....(407) 695-1445
 Clover Meadows Assisted Living Facility Lc..
(407) 656-2443
 Cornerstone Longwood Leasing Lc
(407) 767-0500
 Depaul Of West Orlando.....(407) 292-0515
 Dr Phillips Assisted Living Facility Inc
(407) 352-7370
 Dr Phillips Residential Living Inc
 Dream Lake.....(407) 814-2273
 Eastbrooke Gardens.....(407) 699-5002
 Eden Manor.....(407) 291-7466
 Elite Elderly Care Llc.....(407) 857-5063
 Elite Garden Lc.....(407) 498-0998
 Elite Manor - Kissimmee.....(407) 483-7657
 Enchanted Living Facility.....(407) 230-3569
 Encore At Avalon Park.....(407) 270-7500
 English Estates Alf.....(407) 339-0389
 Ernie's Assisted Living Facility II
(407) 859-7274
 Excellence Assisted Living Facility Excellence
 Assisted Living Facility.....
(407) 930-9291

Extending Lovable Living Assistance Lc
(321) 245-7096
 Faith House Assisted Living Facility
(407) 366-9961
 Faith House Of Winter Park
 Faith House Of Winter Springs.....(407) 327-2051
 Family Of Friends Inc (The).....(407) 732-4981
 Four Seasons Alf.....(407) 322-7118
 Fremont Manor.....(321) 316-4881
 Gardens At Lakeview (The).....(407) 947-5687
 Gardens At Oakland (The).....(407) 654-0387
 Gentle Care Assisted Living Facility
(407) 970-5029
 Gentle Shepherd Assisted Living Facility (The)
(407) 932-0084
 Gentry Park Orlando.....(407) 382-1002
 Glory Assisted Living Facility.....(407) 345-4824
 Golden Age Senior Living Care.....(407) 201-5623
 Golden Cove Alf.....(407) 281-1886
 Golden Pond Communities.....(407) 654-7217
 Good Ole Days Adult Living Facility
(407) 704-7710
 Good Samaritan Society-Kissimmee Village
(407) 931-5143
 Grace Villa.....(407) 299-0946
 Grace Villa Facility Lc.....(407) 895-8418
 Gracious Age.....(407) 323-9914
 Grand Palms Alf Operator Lc.....(407) 529-1000
 Grand Villa Of Altamonte Springs
(407) 260-2433
 Green Tree Assisted Living Lc.....(407) 295-4861
 Greenbriar Retirement Home.....(407) 292-6771
 Guardian Home Alf Lc.....(407) 323-2545
 Harblin Assisted Living Facility.....(321) 276-6441
 Harmony Retirement Living Inc.....(407) 230-5632
 Helping Hands Assisted Living Facility
(407) 970-7592
 Helping Hands Assisted Living Facility 2
(407) 970-7592
 Home Away From Home.....(407) 275-7653
 Homestead Retirement.....(407) 892-3837
 Hope Assisted Living Facility.....(407) 878-5298
 Horizon Bay Vibrant Ret Living 443
(407) 786-5637
 Horizon Bay Vibrant Ret Living 445
(407) 260-2345
 Hpls Assisted Living Inc.....(407) 843-3441
 Ideal Care Alf.....(407) 913-7769
 Indigo Palms At Maitland.....(407) 628-0123
 Ionie's Assisted Living.....(407) 293-7967
 Ionie's Assisted Living II.....(407) 296-7163
 Islands Alf (The).....(407) 523-3000
 Joan's Villa Inc.....(407) 886-6399
 Kare Assisted Living Lc.....(407) 674-7005
 Kevrona Manor Inc.....(321) 972-6225
 Keystone Villas Assisted Living Center
(407) 846-1757

The Little Black Book of Resources - Database created for first responders ~ SRA/50+Plus FYI Resource Directory

Knollwood Manor Assisted Living Llc
(407) 729-9679
 Lakeview Manor Assisted Living Facility Inc ...
(407) 277-7103
 Leisure Living Center(407) 286-0293
 Lutheran Haven Assisted Living Facility
(407) 365-3456
 M J Pavillion At Drayton(407) 542-4009
 M J Pavillion Inc(407) 699-4255
 Mayflower Assisted Living Facility
(407) 672-1620
 Merlox Haven Llc(407) 201-4012
 Neptune Manor(407) 933-5537
 Nevie's Caring Hands Inc(407) 886-3659
 New Life Alf House(407) 452-0254
 NTM Homes(407) 330-1505
 Oakmonte Village Of Lake Mary - Cordova
(407) 444-0122
 Orlando Lutheran Towers(407) 425-1033
 Panorama Living(407) 786-2242
 Pathways To Care Inc(407) 388-0245
 Phebian Assisted Living Facility
 Pine Acres Golden Age Centre (407) 298-4973
 Plantation Oaks Senior Living... (407) 859-7990
 Providence Home(407) 578-6890
 Renaissance Retirement Center (407) 323-7306
 Roberts Adult Care Home(407) 257-0296
 Rosemont Gardens Inc(407) 292-6579
 Rosewood Elder Care(407) 291-8722
 Royal Gardens Of St. Cloud Llc (407) 892-2290
 Sabrena's Retirement Resort 2 Inc
(407) 296-9349
 Sabrena's Retirement Resort 4 Inc
(407) 299-4290
 Sabrena's Retirement Resort Inc
(407) 578-4453
 San Jean Facility Care Inc(407) 704-8857
 Sanford Manor(407) 322-3324
 Savannah Cottage Of Oviedo ... (407) 977-8786
 Savannah Court Of Maitland ... (407) 645-3990
 Savannah Court Of Oviedo I (407) 977-8786
 Savannah Court Of Oviedo II (407) 977-8786
 Savannah Court Of St Cloud (407) 892-8502
 Senior Garden Assisted Living (407) 731-3392
 Serenades By Sonata(407) 951-6450
 Serenades By Sonata - West Orange
(407) 614-8680
 Silver Creek Assisted Living St Cloud
(407) 593-1524
 Sincerity(407) 286-7848
 Sloan Home Of Central Fl Inc ... (407) 297-1781
 Sloan Home Of Central Florida Inc II
(407) 730-7431
 Smallville(321) 946-7219
 Smallville II(407) 286-7196
 Southern Home Care Mgmt.....(407) 382-3354
 Spring Hills Hunter's Creek(407) 251-8088
 Spring Hills Lake Mary(407) 688-1660
 Spring Pine Llc(321) 246-7486

St. Marys Home(407) 843-0951
 Summer Time Lodge Inc(407) 645-5515
 Summit Care Alf(407) 306-0895
 Sunny Days Retirement Home... (407) 886-4008
 Sunrise Retirement Home(407) 808-3237
 Sutton Homes (8)(407) 740-8815
 Swan At Lake Conway Alf(407) 860-0266
 Tender Care Inc At Westford Drive
(321) 303-4907
 Tender Care Inc(321) 303-4907
 The Lodge At Lutheran Haven . (407) 365-3456
 The Sisters' Assisted Living Facility Llc
(404) 847-4249
 Thornton Gardens(407) 383-9040
 Thornton Gardens li(407) 858-5446
 Thornton Gardens lii(407) 858-4441
 Transformation Assisted Living (407) 295-4499
 View At Casselberry, The(407) 388-1276
 View At Winter Park, The(407) 673-2853
 Volterra at Solivita Marketplace
(407) 343-5044
 Watercrest Of Lake Nona Assisted Living And
 Memory Care(407) 226-3113
 Wellsprings Residence(407) 880-8020
 Westchester Of Winter Park (407) 679-5555
 Westminster Towers(407) 841-1310
 White Flowers(407) 207-7165
 Williams Loving Care(407) 297-6866
 Winston House(407) 415-8038
 Winter Park Towers(407) 647-4083

Assisted Living: Home

■ Winston House Assisted Living

1480 Winston Road
 Maitland FL 32751
 407-415-8038
 The "Caring Choice" to Call Home

Home Design & Planning:

Home Rehabilitation/Construction

■ Aging in Place Safely, LLC

Home Modification Assessments
 Fulfilling Your Home Remodeling Needs
 Making Your Home Suitable for YOU
 407-595-3342
www.AgingInPlaceSafelyConsulting.com

Homeless/Housing:

Financial Assistance Programs

Central FL Urban League
 2804 Belco Drive
 Orlando FL 32808
 407-841-7654

Homeless Services Network of Central Florida

2828 Edgewater Dr
 Orlando FL 37804
 407-893-0133

Goldenrule Housing and Community
 Development, Inc.
 417 East Second Street
 Sanford, FL 32771
 407-878-3759 (Administrative)

Osceola Christian Ministry Center
 700 Union Street
 Kissimmee FL 34741
 407-944-9968

Seminole County Community Assistance
 543 W. Lake Mary Boulevard
 Sanford FL 32773
 407-665-2360 • 407-665-2302

Housing Authority

Orange County Housing Finance Authority
 2211 Hillcrest Street
 Orlando FL 32803
 407-894-0014

Orlando Housing Authority
 390 N. Bumby Ave.
 Orlando, FL 32803
 407-895-3300

Osceola County Housing Office
 330 North Beaumont Avenue
 Kissimmee, FL 34741
 407-742-8400 Main

Sanford Housing Authority
 94 Castle Brewer Court
 Sanford, FL 32771
 407-365-3621

Seminole County Housing Authority
 662 Academy Place
 Oviedo, FL 32765
 407-365-3621 (Administrative)

The Center for Affordable Housing, Inc.
 2524 Park Drive
 Sanford FL 32773
suzannebrown@tcfah.org
 407-323-3268 ext. 12

U.S. Department of Housing and Urban
 Development — Orlando Field Office
 3751 Maguire Boulevard, Room 270
 Orlando FL 32803
FL_Webmanager@hud.gov

Landlord/Tenant Dispute Resolution

Community Legal Services of Mid-Florida
 315 Magnolia Avenue
 Sanford FL 32771
 1-888-379-4729 • 1-800-405-1417

Orange County Bar Association
(Citizens Dispute)
880 N. Orange Avenue
Orlando FL 32801
407-422-4551

Low Cost Homes/Housing Units

Grand Avenue Economic Community
Development Corp.
2803 W. Arlington Street
Orlando FL 32805
407-521-6335

4049 S. Orange Blossom Trail
Orlando FL 32839
407-447-1211

Maxwell Garden Apartments
4049 S Orange Blossom Trail
Orlando FL 32839
407-447-1211

Salvation Army of Orange County
William Booth Towers
633 Lake Dot Circle
Orlando FL 32801
407-843-5533

Mortgage Payment Assistance

Catholic Charities of Central Florida
1771 N. Semoran Boulevard Suite B
Orlando FL 32807
407-658-1818

Christian Service Center for Central FL
808 W. Central Boulevard
Orlando FL 32805
407-425-2523

Jewish Family Services of Greater Orlando
2100 Lee Road
Winter Park FL 32789
407-644-2985

Salvation Army Orlando Metro Command
416 W. Colonial Drive
Orlando FL 32804
407-423-8581

Salvation Army of Seminole County
700 W. 24th Street
Sanford FL 32771
407-322-2642

Rent Payment Assistance

Catholic Charities of Central Florida
1771 N. Semoran Boulevard Suite B
Orlando FL 32807
407-658-1818

Christian Service Center for Central FL
808 W. Central Boulevard
Orlando FL 32805
407-425-2523

Jewish Family Services of Greater Orlando
2100 Lee Road
Winter Park FL 32789
407-644-2985

Urban League of Central Florida
2804 Belco Drive
Orlando FL 32808
407-841-7654

Resource Directory Index by Category

Resources listed in the "Little Black Book" section of this magazine are the most frequently contacted sources for products and services (government, nonprofit, and for profit) from our database created for our Central Florida first responders. To access the complete database to www.50PlusFYI.org and click on "Little Black Book."



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ORANGE COUNTY PRESCRIPTION DRUG DISPOSAL LOCATIONS

Drop off your expired or unused medication for safe disposal

Belle Isle Police Department

1521 Nela Avenue, Belle Isle, FL 32809

Drop Off Times: Monday-Friday – 8:00am-3:30pm

Ocoee Police Department

646 Ocoee Commerce Parkway, Ocoee, FL 34761

Drop Off Times: Monday - Thursday, 7:30am – 5:30pm and Friday, 8:00am – 5:00pm

Orange County Sheriff's Office – Sheriff's Office Central Operations

2500 W Colonial Drive, Orlando, FL 32804

Drop Off Times: Monday – Friday - 8am – 5pm

Northwest Orange County Sheriff's Substation

1111 North Rock Springs Road, Apopka, FL 32712

Drop Off Times: Monday– Friday 8am – 5pm

East Orange County Sheriff's Substation

11000 Lake Underhill Road, Orlando, FL 32825

Drop Off Times: Monday-Friday 8am – 5pm

West Orange County Substation

475 W. Story Road, Ocoee, FL 34761

Drop Off Times: Monday-Friday 8am – 5pm

South Orange County Sheriff's Substation

2400 West 33rd Street, Orlando, FL 32839

Drop Off Times: Monday-Friday 8am – 5pm

Orlando Police Department

100 S. Hughey Avenue, Orlando, Florida 32801

Drop Off Times: Monday - Friday 7am - 7pm

Windermere Police Department

620 Main Street, Windermere, FL 34786

Drop Off Times: Monday-Friday 8am-5pm

Winter Garden Police Department

251 W Plant St, Winter Garden, FL 34787

Drop Off Times: Monday-Friday 8am – 5pm

Winter Park Police Department

500 N. Virginia Avenue, Winter Park, FL 32789

Drop Off Times: During normal lobby business hours between 8:00am - 5:00pm - Monday through Friday, except for holidays

UCF Health Services Pharmacy &

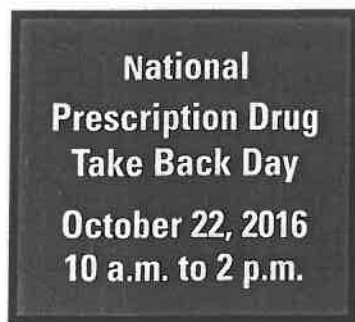
UCF Student Union

4098 Libra Drive, Orlando, FL 32816-3333

Drop Off Times: Monday – Friday, 8am – 6:30pm & Saturday 10am -2pm

1275 Pegasus drive, Orlando, FL 32816

Drop Off Times: Monday-Friday 7am-9pm, Saturday 9am-7pm & Sunday 11am-7p



No liquids or sharp instruments (needles, etc.) will be taken.

****Please check locations for drop off times during the holidays****

For more information on prescription drug abuse, go to www.drugfreecoalition.org



SHINE Offers FREE Medicare Counseling

SHINE, an award-winning statewide volunteer program with free unbiased counseling on Medicare, Medigap/Medicare Advantage Plans, and Prescription Drug Plans. All counseling is first-come, first-served. To assist your SHINE counselor, please bring your insurance card/s, Medicare card, and a list of your medications.

**Annual Enrollment Period (AEP):
October 15 to December 7, 2016**

Orange County:

• Beardall Senior Center

800 Delaney Avenue
Orlando, FL 32805
407-246-4440

• Health Central Hospital

Bradford Room (Garden Level)
10000 W. Colonial Drive
Ocoee, FL 34761
407-296-1000

• John H. Bridges Community Center Building D

45 W. 13th Street
Apopka, FL 32703
407-254-9413

• L. Claudia Allen Senior Center

1840 Mable Butler Avenue
Orlando, FL 32805
407-246-4461

• Maitland Senior Center

In partnership with
Seminole County SHINE
345 S. Maitland Ave.
Maitland, FL 32751
407-539-6268

• Mt. Moriah Missionary Baptist Church

421 S. Pennsylvania Avenue
Winter Park, FL 32789
407-644-3813

• Taft Community Center

50 S. Orange Avenue
Orlando, FL 32824
407-254-1950

Osceola County:

• Barney E. Veal All Generation Center

700 Generation Point
Kissimmee, FL 34744

• Hart Memorial Central Library – Room 104

211 East Dakin Avenue
Kissimmee, FL 34741
407-742-8888

• St. Cloud Senior Center

3101 17th Street
St. Cloud, FL 34769
407-957-7392

Seminole County:

• Casselberry Recreational Center

200 North Triplet Lake Road
Casselberry, FL 32707
407-262-7700 ext 1575

• Lake Mary Senior Center

911 Wallace Avenue
Lake Mary, FL 32746
407-585-1466

• Maitland Senior Center

345 S. Maitland Ave.
Maitland, FL 32751
407-539-6268

• Sanford Senior Center

401 E. Seminole Blvd
Sanford, FL 32771
407-688-5129

• Seminole County Library

245 N. Hunt Club Blvd.
Longwood, FL 32779
407-665-1670

• Winter Springs Senior Center

400 North Edgemon Avenue
Winter Springs, FL 32708
407-327-6554

To request a presentation, schedule an appointment, or verify dates and times of counselor availability, please contact each of the locations above.

To schedule a SHINE speaker, call
407-415-1823.

by Miss Jacqueline Jones
Singer, Dancer, Actress and
Our Entertainment Muse

J.J.'s Spotlight



Hello Darlings,

Even in the midst of heat and rain, Fall/Winter season is upon us! Got to keep you posted, it's a busy time of year. Next 50+ FYI Expo, Friday, October 7th, hosted by City of Winter Park. Catch "The Cabaret Players," as you enter the Winter Park Community Center.

Our resident classical guitarist, Fred P. Hodes, will be on the scene. AND . . . get your Flu shot, while getting your info and other goodies!

Kick off the Fall season with The New Smyrna Beach Jazz Festival, Sept. 23, 24, and 25. Miss Jones, doing Sept. 24th, my Birthday, at TRADER on Flagler Avenue in New Smyrna Beach. Come and be "my present" from 3 to 6 p.m. For more info, go to www.NSBJazzFest.com or call 386-423-9760.

Next, College Park Music Fest., in Orlando at Edgewater and Princeton. Miss Jones is opening the show, so, get there early! All of College Park will celebrate—shops, restaurants, boutiques & more PLUS four fantastic stages of entertainment. For more info, call 407-579-0023.

Darling, I'm running out of time and space. Please, don't forget your community's good services. Go to a benefit gala, fashion show, golf special, luncheon, etc. Remember, to help our non-profit services, some day you or someone you love, may need them.

Til next issue, Darlings,
Onward & Upward,
Jacqueline

Jacqueline

Don't miss our 50Plus FYI Expo October 7, 2016!

Miss Jacqueline Jones is a Diva Extraordinaire! She has entertained throughout the world from Russia as diplomat/entertainer for the Forum for US/Soviet Dialogue to USO Tours in the U.S. and overseas. She has been honored with many awards including Queen of Mardi Gras in 2001-2 by Universal Studios, Women's Summit Award 2001, Grand Divas 2002-2003 of The Central Florida Jazz Society, and SCAC Artist of the Year 2009-2010. E-mail her at missjackiejones@gmail.com. Check out her website at www.MissJacqueline-Jones.com.

Resources listed in the "Little Black Book" section of this magazine include the most frequently contacted sources for products and services (government, nonprofit, and for profit) from our database created for our Central Florida first responders. To access the complete database to www.50PlusFYI.org and click on "Little Black Book."

50+Plus FYI®/SRA "Little Black Book" of Resources

Digital & OnLine Edition

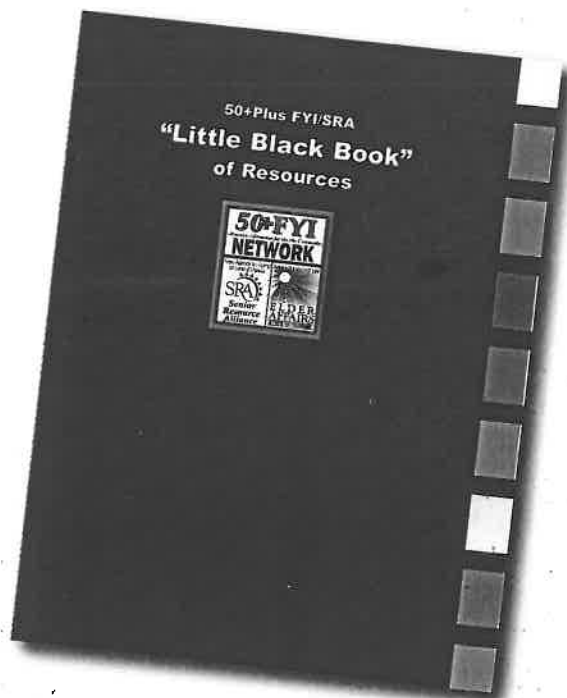
Best version to use — always updated

- Go to www.50PlusFYI.org
- Click on the "Little Black Book"
- Choose online or desktop viewing

or

- Download the PDF

For easy searching, keep it on your PC/Mac desktop, iPad, e-reader.



**This comprehensive "Yellow Pages"
of resources for Central Florida
older adults, their families, and caregivers
is FREE at www.50PlusFYI.org.**

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Share it with your associates.**